



# Southern California Preparedness Foundation

## Emergency Preparedness Gift Ideas

Christmas, Hanukkah, Kwanza, Birthday, Anniversary, Shower, Wedding, Graduation, Holiday, and other celebrations

### "Beginner" EP Pack for Car

Backpack containing:

- Water and food/energy bars
- Small first aid kit & first aid book
- Radio (extra batteries, if needed)
- Flashlight (extra batteries)
- Light sticks
- Leather gloves
- Emergency blanket(s)
- Plastic safety goggles
- N95 breathing masks
- Whistle on neck cord
- List of other suggested items

### "Beginner" Roadside Safety Kit for Car

Duffel bag/wheeled suitcase containing:

- Small ABC fire extinguisher
- Reflectors and/or road flares
- Leather gloves and plastic safety goggles
- Flashlight/lantern (extra batteries)
- "NEED HELP/OK" Sign
- Bungee cords
- Tire pressure gauge & "Fix-A-Flat"
- Jumper cables (learn how to use)
- Funnel and transfer hose
- WD-40 or other lubricant
- Hammer
- Assorted screwdrivers
- Assorted pliers and wrenches
- Duct tape, electrical tape
- Rags and hand cleaner
- List of other suggested items

### "Beginner" Pet Kit for Car

- Pet carrier, leash, harness
- Spiral ground stake with chain
- Pet first aid kit and pet first aid book
- Water, food, treats, and bowls
- Manual can opener and spoon
- Blanket, toys
- Brush and/or comb
- Dog repellent
- List of other suggested items

### Extended "Away-from-Home" Items

- Duffel bag or suitcase on wheels for carrying items
- Tent, tools to erect, ground cloth and/or tarp
- Sleeping bags
- Fold-up lightweight cots
- Camp chairs, table and bench combo, etc.
- Propane/Butane cook stove, stand, extra fuel, igniter
- Cook kit, coffee/tea pot, cooking utensils, can opener
- Eating utensils - plate, bowl, cup, fork, knife, spoon
- Dutch oven, recipe book, charcoal starter, coal tongs
- Small shovel
- Heavy leather gloves
- Waterproof matches and tinder (fire starter)
- Cooler (for food items)
- Thermos jug and/or Thermos bottle
- Collapsible water jug
- Water purification supplies
- First aid kit and first aid book
- Lantern w/fuel, bulbs, batteries (as appropriate)
- Flashlights (extra batteries) for all family members
- Porta-Potty and supplies, privacy shelter
- Kit of personal hygiene items for each family member
- List of suggested items for 72-hour kit
- List of other suggested items

### Miscellaneous EP Items

- ABC fire extinguishers for house, garage, car, office
- Fire, smoke, and carbon dioxide detectors
- Flashlights/lanterns (extra batteries or fuel, bulbs)
- Swiss Army knife and/or Leatherman tool
- Cellphone charger
- Plastic goggles
- N95 or better dust masks
- Leather gloves
- Exam gloves (non-latex)
- QuakeHOLD or Museum Wax for securing small household items
- Emergency Preparedness books
- Gift certificates for first aid and CPR classes